



Girl Scout

Horse Clinic Options

Horse Rider Badge

Sun Pony Ranch
18490 WCR 1
Berthoud, CO 80513
970-532-4040
www.SunPonyRanch.com

For the "Horse Rider" Badge, Junior Girl Scouts are to choose 6 of the 10 listed Activities in their Badge Book. Sun Pony Ranch will customize the Clinic Sessions to the Activities your troop chooses. Following are examples of 4 Potential Options your troop could select, with at least 6 Activities each.



HORSE RIDER BADGE - Girl Scout Option 1 (with minimal riding activities)

What we will cover (with approximate times needed for each activity):

Activity # 1 "Get Ready to Ride": (1-3 hours, depending upon # of girls and their ability)

- Learn to saddle & bridle a horse
- Each girl must show she can saddle & bridle a horse by herself
- Learn the care and use of each part of the tack and the importance of correct fitting
- Each girl must explain the care and use of the tack and the importance of correct fitting
- Learn to hitch a horse using a halter, at correct height with suitable knot and length of lead rope, and when bridled
- Each girl must show she can hitch a horse using a halter, at correct height with suitable knot and length of lead rope, and when bridled

Activity # 2 "Equipment Expert": (15 minutes)

- Learn differences between English Style and Western Style Saddles, Bridles, & Bits
- Advantages of each of the above
- Approximate cost of each of the above
- Learn how to clean and care for tack
- Each girl must "teach someone else" how to clean and care for tack (may be done off site, later)

Activity # 3 "In Good Form":(1 hour for 6 or 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

- Learn to mount a horse correctly (& demonstrate)
- Learn to dismount a horse correctly (& demonstrate)
- Learn the "4 Aids" for communicating to the horse what you want him to do
- Learn and demonstrate a walk, turn at a walk, and stop from a walk, on command
- Learn and demonstrate a trot, turn at a trot, and stop from a trot, on command
- If the troop is split into 2 groups, the non-riding group will learn to be side-walkers



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HORSE RIDER BADGE - Girl Scout Option 1 (continued)

Activity # 4 "Clips, Combs, and More": (20 minutes)

- "Examine" the grooming tools used on horses and learn what each is used for
- Learn how to use the brushes and currycombs
- Learn how to brush a horse before saddling
- Learn how to brush a horse after saddling & after riding/un-tacking
- Learn the barn Safety Rules and practice them
- Learn how to safely walk around a horse

Activity # 6 "Horses, Safety, and You": (about 20 to 25 minutes)

- Learn safety regulations for riding, and equestrian etiquette
- Each girl must explain the safety regulations & equestrian etiquette (may be done off site, later)
- Learn how to give proper hand signals when riding on public roads
- Each girl must show how to give proper hand signals (may be done off site, later)
- Learn how to do an emergency dismount at a halt
- Each girl must show how to do an emergency dismount at a halt
- Learn how to do an emergency dismount at a walk
- Each girl must show how to do an emergency dismount at a walk
- Learn what to do if your horse rears, trips, bucks, stops, or bolts
- Each girl must explain to others what to do if her horse rears, trips, bucks, stops, or bolts (may be done off site, later)

Activity # 7 "Horse Anatomy": (20 minutes)

- Learn the principal parts of a horse
- Name the principal parts of a horse from a blank picture (may be done off site, later)
- Learn what can be done to prevent the common ailments or diseases of horses

OPTION 1:

Total Time: 4 to 5 hours (may be in 1 long session or 2 sessions of 2 ½ hours each)

Cost: \$65 per Girl Scout



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HORSE RIDER BADGE - Girl Scout Option 2 (with moderate riding activities)

What we will cover (with approximate times needed for each activity):

Activity # 2 "Equipment Expert": (15 minutes)

- Learn differences between English Style and Western Style Saddles, Bridles, & Bits
- Advantages of each of the above
- Approximate cost of each of the above
- Learn how to clean and care for tack
- Each girl must "teach someone else" how to clean and care for tack (may be done off site, later)

Activity # 3 "In Good Form": (1 hour for 6 to 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

- Learn to mount a horse correctly (& demonstrate)
- Learn to dismount a horse correctly (& demonstrate)
- Learn the "4 Aids" for communicating to the horse what you want him to do
- Learn and demonstrate a walk, turn at a walk, and stop from a walk, on command
- Learn and demonstrate a trot, turn at a trot, and stop from a trot, on command
- If the troop is split into 2 groups, the non-riding group will learn to be side-walkers

Activity # 4 "Clips, Combs, and More": (20 minutes)

- "Examine" the grooming tools used on horses and learn what each is used for
- Learn how to use the brushes and currycombs
- Learn how to brush a horse before saddling
- Learn how to brush a horse after saddling & after riding/un-tacking
- Learn the barn Safety Rules and practice them
- Learn how to safely walk around a horse

Activity # 5 "Ride On": (1 hour for 6 to 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

- Learn and perform group skill riding in the arena (formations and riding in unison)
- OR
- Do a "cross-country ride" outside the arena across and around the ranch property (If the troop is split into 2 groups, the non-riding group may "picnic" at our party site while the other group is riding)

Note: Activity #3 is a prerequisite prior to doing a cross-country trail ride



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HORSE RIDER BADGE - Girl Scout Option 2 (continued)

Activity # 7 "Horse Anatomy": (20 minutes)

- Learn the principal parts of a horse
- Name the principal parts of a horse from a blank picture (may be done off site, later)
- Learn what can be done to prevent the common ailments or diseases of horses

Activity # 8 "New Skills": (1 hour for 6 to 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

- Learn and practice 2 new riding skills from the following list:
 - *Pole Bending*
 - *Trotting over Ground Poles*
 - *Posting the trot*
 - *Learning diagonals with the posting trot*
 - *Cantering*
 - *Learning Leads (at the Canter)*
 - *Basic Dressage Movements*
 - *Jumping over a low Cross Bar*
 - *Other skill of your choice with Instructor approval*
- If the troop is split into 2 groups, the non-riding group will practice their side-walking for part of the ride

OPTION 2:

Total Time: 5 to 7 hours (will be in 3 sessions, each with one riding activity)

Cost: \$82 per Girl Scout



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HORSE RIDER BADGE - Girl Scout Option 3 (with maximum riding activities)

What we will cover (with approximate times needed for each activity):

Activity # 1 "Get Ready to Ride": (2-3 hours, depending upon # of girls and their ability)

- Learn to saddle & bridle a horse
- Each girl must show she can saddle & bridle a horse by herself
- Learn the care and use of each part of the tack and the importance of correct fitting
- Each girl must explain the care and use of the tack and the importance of correct fitting
- Learn to hitch a horse using a halter, at correct height with suitable knot and length of lead rope, and when bridled
- Each girl must show she can hitch a horse using a halter, at correct height with suitable knot and length of lead rope, and when bridled

Activity # 3 "In Good Form": (1 hour for 6 to 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

- Learn to mount a horse correctly (& demonstrate)
- Learn to dismount a horse correctly (& demonstrate)
- Learn the "4 Aids" for communicating to the horse what you want him to do
- Learn and demonstrate a walk, turn at a walk, and stop from a walk, on command
- Learn and demonstrate a trot, turn at a trot, and stop from a trot, on command
- If the troop is split into 2 groups, the non-riding group will learn to be side-walkers

Activity # 4 "Clips, Combs, and More": (20 minutes)

- "Examine" the grooming tools used on horses and learn what each is used for
- Learn how to use the brushes and currycombs
- Learn how to brush a horse before saddling
- Learn how to brush a horse after saddling & after riding/un-tacking
- Learn the barn Safety Rules and practice them
- Learn how to safely walk around a horse

Activity # 5 "Ride On": (1 hour for 6 to 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

- Learn and perform group skill riding in the arena (formations and riding in unison)
- OR
- Do a "cross-country ride" outside the arena across and around the ranch property (If the troop is split into 2 groups, the non-riding group may "picnic" at our party site while the other group is riding)

Note: Activity #3 is a prerequisite prior to doing a cross-country trail ride



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HORSE RIDER BADGE - Girl Scout Option 3 (continued)

Activity # 8 "New Skills": (1 hour for 6 to 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

- Learn and practice 2 new riding skills from the following list:
 - *Pole Bending*
 - *Trotting over Ground Poles*
 - *Posting the trot*
 - *Learning diagonals with the posting trot*
 - *Cantering*
 - *Learning Leads (at the Canter)*
 - *Basic Dressage Movements*
 - *Jumping over a low Cross Bar*
 - *Other skill of your choice with Instructor approval*
- If the troop is split into 2 groups, the non-riding group will practice their side-walking for part of the ride

Activity # 9 "Perfect Your Form": (1 hour for 6 to 7 girls; More than 7 girls would be split into 2 groups at 45 to 60 minutes for each group, depending upon number)

Note: Two riding Activities (either #'s 3, 5, or 8), are prerequisites for this Activity # 9.

- This would be the third lesson to practice and perfect the form the girls learned in the prior ones.
- Practice and perfect leading a horse before and after riding
- Practice and perfect mounting and dismounting
- Practice and perfect starting and stopping a horse using the 4 Aids
- Practice and perfect backing up a horse
- Practice and perfect riding at a walk and trot using good form for hands & arms, feet & legs, and body posture
- Practice and perfect guiding a horse while riding
- If the troop is split into 2 groups, the non-riding group will practice their side-walking for part of the ride

OPTION 3:

Total Time: 7 to 11 hours (will be in 4 sessions, each with one riding activity)

Cost: \$120 per Girl Scout



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HORSE RIDER BADGE - Girl Scout Option 4: WEEK OF HORSE CAMP (with maximum "hands on" time and riding, including a Horse Show)

Scout Troops may choose to take a full week of Horse Camp during the summer. In taking the week of Camp, the girls will gain maximum benefit from the experience and increase their skills while concentrating on horses for a week. Each 2 girls will have their own horse for the week, learning and sharing the responsibility for caring for their horse. Each girl will have a full saddle lesson every day on their horse. All girls will also have a bareback riding session each day, using different horses.

The Camp Week will include all the requirements necessary for Activity Numbers 1, 3, 4, 5, 8, 9, and 10 (the Horse Show!). In addition, we cover much of the other Activity requirements for Numbers 2, 6, and 7. Therefore, in a week of camp, the girls *more than cover* enough of their badge requirements. They immerse themselves in learning horse safety, horse care, and horseback riding for a week. Most girls become fairly proficient during this week of concentrated effort towards horsemanship.

To choose this Option 4, there is a minimum requirement of 10 girls (to enable us to focus the week towards the Girl Scout Horse Rider Badge). Our "Normal" Camp Weeks have a maximum of 14 Campers and go from 9:30 AM to 2:30 PM Monday through Friday. However, if 2 Troops wanted to book a Camp Week together (to meet the minimum), but had more than 14 Scouts, we would customize a week to accommodate you. We would add 1 to 1 ½ hours to each day, depending upon how many total Campers, because we would add another full saddle lesson (maximum 7 riders per group lesson). We would then customize the cost per Camper to this.

OPTION 4:

Total Time: 25 hours (will be 5 days, with two riding activities each day)

Cost: \$315 per Girl Scout (minimum 10)

Deadline: To reserve a week of Camp for a Scout Troop, we must have your week confirmed and booked by April 15th. Other early registrations from individuals come in and we need to know which weeks will no longer be open for them.

NOTE: Unfortunately, we cannot offer discounted Camp rates (other than the early registration discount) to Scout Troops, as these Camp Weeks are very popular and fill quickly. However, the rates are very reasonable, and your week is geared toward the Girl Scout Badge experience.



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Price Schedule for Horse Rider Badge Clinics:

Our "Normal" Lesson Price is \$210 for a 6-Lesson Session of 1 $\frac{1}{2}$ hour lessons. This breaks down to \$35 for each 1 $\frac{1}{2}$ hour lesson per person.

For our Scout Troops we use a Discount Sliding Scale with a minimum of 6 Scouts per Clinic. If there are more than 7 participants, the total hours increase, but the price per Scout will remain the same. This makes the price per hour less per scout because the troop will be split into 2 groups of riders with a potential for slightly less riding time per Scout.

Our Scout Clinics are offered in different time lengths with the Clinics that have more Riding Activities being more hours. Each Clinic Session that has a Riding Activity will be between 2 to 2 $\frac{1}{2}$ hours, depending upon the number of riders. We will structure the Clinic Sessions to your schedule.

- Girl Scout Clinic Option # 1; 4 to 5 Hours (Minimal Riding Activities):
\$65 per Scout
Includes: Activity Numbers 1, 2, 3, 4, 6 & 7
- Girl Scout Clinic Option # 2; 4 $\frac{1}{2}$ to 7 Hours (Moderate Riding Activities):
\$82 per Scout
Includes: Activity Numbers 2, 3, 4, 5, 7 & 8
- Girl Scout Clinic Option # 3; 6 to 11 Hours (Maximum Riding Activities):
\$120 per Scout
Includes: Activity Numbers 1, 3, 4, 5, 8 & 9
- Girl Scout Horse Camp Option # 4; 25 Hours (Ultimate Maximum Riding Activities):
\$315 per Scout (minimum 10 girls) if booked by April 15th.
Includes: Activity Numbers 1, 3, 4, 5, 8, 9, & 10, plus much of the remaining Activities, 2, 6, and 7.